#### LETTER TO THE EDITOR



# Could anti-TNF treatment have affected HRV and HRT results?

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Received: 5 May 2020 / Revised: 5 May 2020 / Accepted: 14 September 2020 / Published online: 17 September 2020 © International League of Associations for Rheumatology (ILAR) 2020

### Dear Editor,

We read the article titled "Evaluation of cardiac autonomic nervous system in patients with ankylosing spondylitis using 12-lead electrocardiography and Holter monitoring" by Candemir et al. in the current issue with great interest and curiosity. First of all, we would like to congratulate the authors on this novel study. We saw that both heart rate variability (HRV) and heart rate turbulence (HRT) parameters were impaired in ankylosing spondylitis (AS) [1]. We decided to add some comments about this article that will be helpful.

Our first comment is the drugs used by patients with AS in the study may have an impact on HRT and HRV results. In an earlier experimental study, etanercept, a TNF inhibitor, was found to inhibit cells that provide tyrosine hydroxylasepositive neuron-like cells, which inhibits noradrenaline release [2]. Another study by Holman et al. found that HRV predicted anti-TNF treatment response to treatment in inflammatory arthritis [3]. The effect of anti-TNF treatment on the sympathetic and parasympathetic nervous system, and hence on HRV and HRT, is still unclear. In Candemir et al.'s study, 19 AS patients were receiving anti-TNF therapy, which may have influenced their results. In previous study of Onrat et al., which evaluated 37 patients with AS, there was no significant difference between TO and TS [4]. This difference may be related to the low number of samples in the study of Onrat, or it may be related to the treatment they use.

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## **Compliance with ethical standards**

Disclosures None.

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